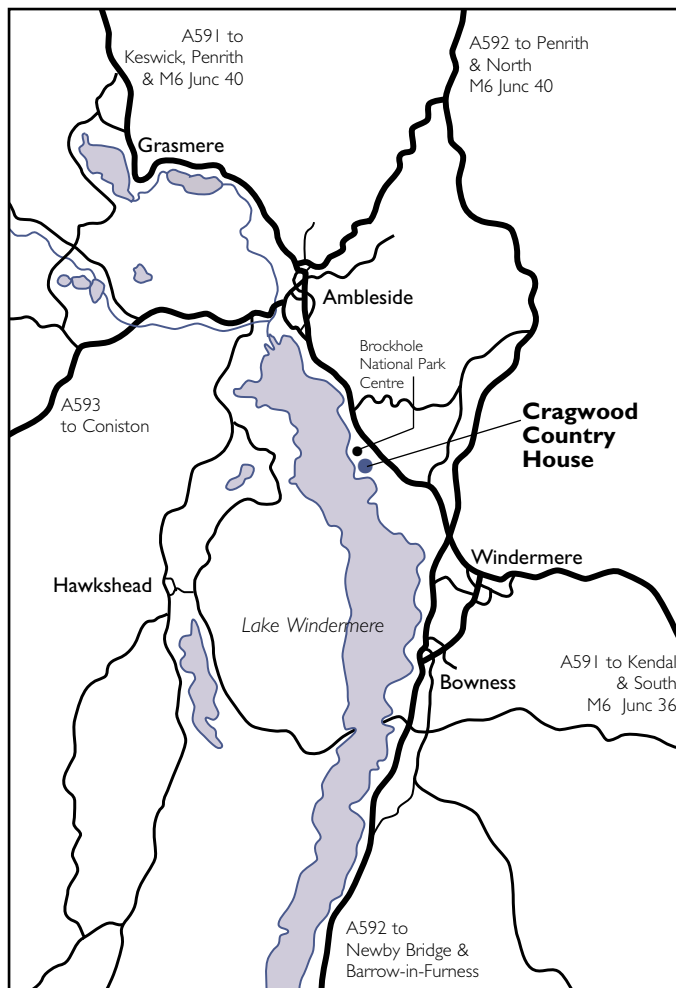


Cragwood Country House

Cragwood House is situated on the shore of Windermere, the largest of the English lakes. The house stands in a 20 acre estate with landscaped gardens, woodland and a quarter-mile of private lake frontage. On the lake there are two boathouses and a private dock.

Cragwood is run as a country house hotel and has a good reputation in the Lake District for the quality of its food. The hotel is owned by Impact and the staff are accustomed to catering for the needs of participants on programmes. During programmes there is a set lunch and dinner menu which changes daily. The Cragwood chefs can cater for any dietary requirements or preferences if they are given notice (you can provide this on the enclosed personal information form).

Rooms have en-suite facilities, TV, drink making facilities, radio alarms and direct dial telephones.



By Car

Approximate travelling times to Cragwood House from:

London	4hrs 30mins
Newcastle	2hrs
York	2hrs 30mins
Manchester	1hr 30mins
Glasgow	2hrs 30mins
Leeds	2hrs 30mins
Birmingham	2hrs 30mins
Edinburgh	2hrs 30mins

By Train

Travel to Oxenholme on the main Euston to Glasgow line (London 3hrs 15mins approx)

Local trains from Oxenholme to Windermere approximately every hour (20mins approx)

Taxis available at Windermere